



**LCYC Junior Sailing - WAIVER OF CLAIMS LAKE CHAMPLAIN YACHT CLUB, INC.  
SAILING INSTRUCTION PROGRAMS**

Sailing is a dangerous sport. Sailboats moving across the water are subject to unpredictable and dangerous, even life threatening, conditions of wind, waves and weather. Sails spars, halyards sheets and lines move at high speeds, and can result in life threatening injuries, even death. You must be aware of the risks and responsibilities that you assume when you sail and take instruction in sailing. Your best protection against injury is to follow the rules and instructions of LAKE CHAMPLAIN YACHT CLUB, INC., and use common sense.

In consideration of the opportunity to participate and/or the participation by me or my minor child (identified below) in any lessons, trips, events, contests, races, sailing or other sport and non-sport activities of LAKE CHAMPLAIN YACHT CLUB, INC., I, for myself, or for my minor child (as identified below), and for the heirs, assigns, executors and administrators of myself or my minor child, agree that LAKE CHAMPLAIN YACHT CLUB, INC. and its officers, directors, instructors, trip and event leaders, assistants, agents and representatives, shall not be liable, jointly or severally, for any injuries to my person or property. I also agree to indemnify and hold harmless the parties from and against any and all actions, claims, demands, liability, loss, damage and expense of any kind, including attorney's fees, arising from such claims. I am aware and familiar with the ordinary and hazardous risk involved in the activities stated above, and I understand that I am assuming those risks.

I am the parent or legal guardian of \_\_\_\_\_, age \_\_\_\_\_. I have read and understand the above statements, and give permission for the above-mentioned child to participate in the sailing programs of LAKE CHAMPLAIN YACHT CLUB, INC. Prior to the child's participation in the program, I will also inform the instructor of any health problems or restrictions that will affect the child's participation in the program. I understand that the possibility of injury is inherent in recreational activities and I agree to all the above statements. In the event of an emergency, I give permission for the above mentioned child to receive medical treatment and to be transported by ambulance if necessary. I have provided the Lake Champlain Yacht Club with medical information pertinent to this child's participation in this sailing program and by this release authorize the dissemination of that information for any necessary medical care and treatment. I hereby certify that I am a person having legal responsibility for the above mentioned child and that I am duly authorized to execute this release form.

Signature of parent or guardian \_\_\_\_\_ Date \_\_\_\_\_

I am eighteen years of age or older, will only engage in activities in which I am physically fit to participate, and have read and understand the above statements.

Signature \_\_\_\_\_ Date \_\_\_\_\_