



Lake Champlain Yacht Club

COVID-19 Exposure Prevention Plan

NOTICE

Do NOT come to LCYC if you are sick or suspect that you may have been in contact with anyone else having COVID-19 or traveled to an area the state considers high risk. All social/ racing events are cancelled until further notice.

LCYC takes the health and safety of our members, guests and employees very seriously. With the spread of the coronavirus or “COVID-19,” we all must remain vigilant in mitigating the outbreak. To be safe and return to “normal” operations as quickly and safely as possible, we have developed this COVID-19 Exposure Prevention Plan (Plan) for implementation at LCYC.

This Plan is based on currently available information from the CDC and OSHA and is subject to change based on further information provided by the CDC, OSHA, and other public officials. LCYC may amend this Plan based on changing conditions and operational needs.

Responsibilities

Members and Guests- General responsibilities

- Practice good personal hygiene, including frequent hand washing.
- Members are required to wear a face mask while on the grounds, in the clubhouse, bathrooms or when around others.
- Minimize touching any parts of the clubhouse or launches.
- Use hand sanitizer/soap & water when entering the clubhouse and bathrooms.
- Use hand sanitizer/soap & water before embarking on the launches from the dock and your boat.
- Maintain recommended social distance, currently six (6) feet.
- Avoid forming groups of people larger than 10 persons.

Stewards

- Wear a face mask while on the grounds, in the clubhouse, bathrooms or when around others.
- Wipe down the countertops, doorknobs, faucet and toilet handles, and any other parts of the clubhouse that are likely to be touched by members and guests.
- Wipe down the parts of the launches that are likely to be touched by members and guests.
- Wipe down the launch before and after each shift or change in operator.
- Wipe down the stewards’ desk, computer etc. before and after each shift.
- Refill the hand sanitizers. Wash your hands frequently.
- Wear disposable gloves when cleaning or when handling trash, recycling or compost.
- Dispose of PPE properly, such as face masks, disposable gloves, etc.
- When operating the club launches ensure safe operation of the vessel, social distancing might not be possible.



- Stewards will report to the task force about non compliance issues.

COVID-19 Task Force

- Keep up to date on evolving policy and procedures from the CDC, and the VT ACCD, VT Department of Health, VOSHA and requirements from the Governor of the State of VT
- Provide recommendations to the Board of Governors on actions the club should take to maintain member safety and all operations of the facilities.
- Maintain ownership of the LCYC Exposure Prevention Plan, update as needed.

Board Of Governors

- Review, Approve, or Modify & Approve recommendations from the COVID-19 task force regarding ongoing facility operation.
- Monitor and enforce compliance with requirements of the Plan.
- Increase frequency of bathroom cleaning.
- Provide hand sanitizer dispensers at each entrance to the clubhouse and each toilet room.
- Provide a hand sanitizer dispenser at the launch dock.
- Ensure an adequate supply of personal protective equipment (PPE) and sanitizing supplies.
- Ensure that the house and launches are cleaned and disinfected frequently.
- Ensure hand sanitizer dispensers are maintained.

Minimizing Exposure

If you have symptoms of Fever, Chills, Shortness of Breath, Sore Throat, or Muscle Pain then you must stay away from the club until you are symptom-free for 3 full days and 10 days have passed from the first symptom and/or you have a COVID negative test.

If an employee has above symptoms they must seek advice from a health care provider to determine if the employee must be tested to determine if the employee has had a COVID exposure.

If you test positive for COVID then you must stay away from the club until your health care provider determines that you are no longer infected.

Return to Work Criteria for employee, member or guest with Suspected or Confirmed COVID-19

Symptomatic employee, member or guest with suspected or confirmed COVID-19, (Either strategy is acceptable depending on local circumstances)::

Symptom-based strategy. Exclude from work/ accessing the club until:



At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); and, At least 10 days have passed since symptoms first appeared

Test-based strategy. Exclude from work/ accessing the club until:

Resolution of fever without the use of fever-reducing medications and
Improvement in respiratory symptoms (e.g., cough, shortness of breath), and
Negative results of a COVID-19 test

Time-based strategy. Exclude from work/ accessing the club until:

10 days have passed since the date of their first positive COVID-19 test assuming they have not subsequently developed symptoms since their positive test.

Test-based strategy. Exclude from work/ accessing the club until:

Negative results of a COVID-19 test Note, because of the absence of symptoms, it is not possible to gauge where these individual are in the course of their illness.

Consider consulting with local infectious disease experts when making return to work decisions for individuals who might remain infectious longer than 10 days (e.g., severely immunocompromised).

If employee, member or guest had COVID-19 ruled out and has had an alternate diagnosis (e.g., tested positive for influenza), criteria for return to work should be based on that diagnosis.

Confidentiality and Privacy

Except for circumstances in which LCYC is legally required to report workplace occurrences of communicable disease, the confidentiality of all medical conditions will be maintained in accordance with applicable law and to the extent practical under the circumstances. When it is required, the number of persons who will be informed of an employee's condition will be kept at the minimum needed not only to comply with legally-required reporting, but also to assure proper care of the employee and to detect situations where the potential for transmission may increase. LCYC reserves the right to inform other employees, or other parties that a worker (without disclosing the person's name) has been diagnosed with COVID-19 if the other employees or parties might have been exposed to the disease so they may take measures to protect their own health.



General Questions

Given the ever-changing nature of the COVID-19 outbreak and the uncertainty of how long specific requirements will be needed, LCYC may modify this Plan. If you have any questions concerning this Plan, please contact **Charles Van Winkle, Commodore, 802-598-0128.**

LCYC COVID-19 task Force members:

James Unsworth,
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Bill Kallock,
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Charlie Van Winkle,
Jimmy Slauterbeck



LCYC COVID-19 Guidelines for use of club facilities.

Do NOT come to LCYC if you are sick or suspect that you may have been in contact with anyone else having COVID-19. All social/ racing events are cancelled until further notice. The kitchen and club house is closed and shall not be used.

General Guidelines

- LCYC is going to maintain a log of members visiting the club, this is to facilitate contact tracing. Only one person per member party shall need to check in. Members are responsible for ensuring their guests are in compliance with LCYC policies.
 - A sign-in book will be located by the stewards office. Please sign in, signing out is not required.
 - We are working on an electronic sign in list using a third party app. (Jibble, etc)
- Masks are required when at the club, especially when circulating between the parking areas and docks, or encountering other members.

Bathrooms

- The bathrooms will be thoroughly cleaned every day. Additional wipe down and cleaning will be provided by the stewards and volunteers a minimum of four (4) times during the course of the day.
- Masks are required when using the bathrooms.
- The showers will not be operational, for the time being.

House & Kitchen

- The house and kitchen will remain closed, for the time being.
- This includes the entire kitchen including sink, refrigerator, stoves, ovens and microwaves.
- Club utensils, such as plates, cups, silverware, pots, pans, and bar-b-que utensils are off limits, shall not be used.
- House rule 3 is suspended. The house will not be accepting any reservations for private parties.

Ice Machine

- Initially there will be no ice available from the machine.
- Contact with cash & key are a concern.
- We may reaffirm the honor system, asking members to pay for ice using *Venmo* or other 'honor' based payment protocol.

Compost, recycling and returnable bins

- We encourage members to "pack in and pack out their trash."
- Recycling and returnable bins will not be located inside the house this year. A final location is pending, but will likely be near the trash area.
- Composting collection, if required shall be near the dumpster area.

Grounds Policy

- Mask's are required on the grounds especially when you may encounter others.



- The picnic tables and lawn furniture are arranged to maintain social isolation.
- Adopt a policy of wiping down before and after use.
- If you “gang” two or more tables together to accommodate your party, please restore them to their original locations after using. Be sure to wipe down after moving.
- The gas and charcoal grills are available for use by members, charcoal is not provided by the club.
- Please bring your own bar-b-que utensils.

Dock Policy

- Please observe "6 Foot Safe Distance" at all times on the docks.
- Wait, or queue up, on the wooden ramp before going onto the docks.
- If someone is waiting on a dock-end, proceed onto the dock, but stay 6 feet from them at all times.
- Clear the docks as quickly as possible, especially during busy periods.
- Do NOT monopolize the docks and/or sprawl out on the docks. Members and guests should not feel uncomfortable walking past your boat. Tie it up away from the main center sections.
- No long-term work on the docks is allowed.
- Dinghy space is tight again this year. Dinghy size and rules will be strictly enforced.
- Dinghy slot assignments will be the same as last year—see the bulletin board outside the bathrooms.
- Try not to touch other members’ dinghies.

Club Boat Policy

- Masks are required when using the launches.
- Members are encouraged to use dinghies to the extent possible.
- Launches shall be operated in accordance with US Coast Guard regulations.
 - Launch capacity shall be limited to 4 passengers for this season.
 - All launch passengers are not required to be from the same trusted friend or family group.
 - For safe operation of the craft, a six-foot separation of all passengers is unlikely.
 - Launch passengers uncomfortable with sharing a ride should refrain from using the launch service during high use periods.
- While waiting for the launch, passengers are advised to maintain a six foot separation on the docks.
- If you use a club dinghy, sail boat, or mooring puller, wipe down oars and equipment before and after using. The club may provide some wipes but please bring appropriate cleaning materials with you.

Harbor Policy

- Rule 19 governing mooring vacancy is suspended for the 2020 season.
- Transient vessel moorings are not available this season.



- Reciprocal club members requesting a mooring should call in advance, and will be reviewed on a case by case basis.