

# Singlehanded Series Lake Champlain YC Summer 2024

## Sailing Instructions

### 1. Rules

*The Racing Rules of Sailing for 2021-2024 Including US Sailing prescriptions* and the respective class rules will apply.

### 2. Changes to Sailing Instructions

Any change to the sailing instructions will be notified by email and posted on the LCYC website.

<https://lcyo.info/racing/documents>

### 3. Schedule

**First Warning will be at 1810 for Series 1 - 11**

**First Warning will be at 1740 for Series 12 - 14**

The RC may change the schedule based on weather conditions or if most boats are in the starting area.

### 4. Racing Area

The racing area will be the waters of Shelburne Bay to the east of the club.

### 5. Courses

The courses will be Windward-Leeward. No course placard will be displayed. If a numeral 1 or no numeral is displayed then the course is "once around". If the numeral 2 is displayed the course is "twice around" (see Attachment B). The starting pin will typically serve as the leeward mark. All marks should be rounded to port except for the pin at the finish. Typically the course will be WL2 as shown in Attachment B, but the RC may set an alternative WL course with a mid course start line, using the C mark or a traditional drop mark for the leeward mark as shown in Attachment B.

### 6. Marks

Marks will typically be MarkSetBots but may include red or orange ball marks or the C mark.

### 7. The Start

There will be a single start sequence including all classes. The 3 minute Audible Signal Starting System described in Appendix U of the RRS as modified by Attachment A will be used. This changes Rule 26.

8. The Start line will be between an orange flag on the RC Boat and the course side of the port end starting mark. The start line will be located at the leeward mark of the course.

### 9. The Finish

The Finish line will be between a staff displaying an orange flag on the RC Boat and the course side of the starting pin mark. The RC boat will not move from its starting position. Finishers may or may not be given a sound signal.

### 10. Penalty System.

Penalties should be taken in accordance with Rule 44.1 (two-turns in all cases).

### 11. Protests

Protests shall be resolved by taking your penalty turns. Scofflaws will be shunned.

## 12. Scoring

There will be no scoring.

## 13. Safety Regulations

All sailors are required to wear a PFD except in drifter (<4 kt) conditions and strongly advised to wear a PFD at all times.

## 14. Risk Statement

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

## **Attachment A – Sound Signal Starting System**

Starting will follow Appendix U except as modified below.

Individual recalls shall be signalled by *sounding a single horn* and *attempting* to hail the sail number (or other distinguishing feature or skipper's name) of each OCS (On Course Side) boat. Flag X need not be displayed. This modifies Appendix U4.

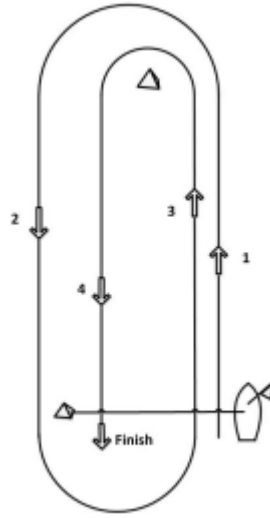
General recalls shall be signalled by *sounding two horns*. This modifies Appendix U.

### **Start Sequence**

<b>Time until Start</b>	<b>Loud Horn</b>	<b>Description</b>
<b>Approx 3:35</b>	<b>5 short</b>	<b>Alert</b>
<b>3:00</b>	<b>3 long</b>	<b>Warning</b>
<b>2:00</b>	<b>2 long</b>	<b>Prep</b>
<b>1:30</b>	<b>1 long, 3 short</b>	
<b>1:00</b>	<b>1 long</b>	
<b>0:30</b>	<b>3 short</b>	
<b>0:20</b>	<b>2 short</b>	
<b>0:10</b>	<b>1 short</b>	
<b>0:05</b>	<b>1 short</b>	
<b>0:04</b>	<b>1 short</b>	
<b>0:03</b>	<b>1 short</b>	
<b>0:02</b>	<b>1 short</b>	
<b>0:01</b>	<b>1 short</b>	
<b>0:00</b>	<b>1 long</b>	<b>Start</b>

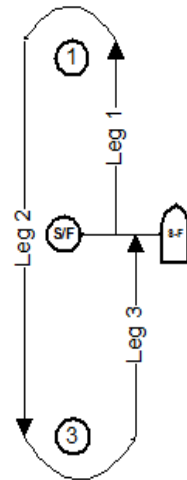
## Attachment B - Course Diagram

Standard course WL or WL 2\*



\* display of no or a 1 placard indicates same course once around

## Alternative course WL or WL2\*\*



\*\* display of a 2 placard indicates same course twice around