• Macdonough Race •
Lake Champlain Yacht Club
September 9, 2023

Sailing Instructions (SIs)

1 RULES
1.1 This event is governed by the rules as defined in *The Racing Rules of Sailing* for 2021- 2024 including US Sailing prescriptions.

2 OTHER DOCUMENTS THAT GOVERN THIS EVENT
2.1 LCYC Courses and Race Marks on LCYC website (http://lcyc.info/racing/documents) under RACING / DOCUMENTS.

3 CHANGES TO SAILING INSTRUCTIONS
3.1 Any change to the sailing instructions will be posted before 0900 the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
3.2 Changes to a sailing instruction or to the designated course may be given on the water following the raising of the "L" flag with one sound.

4 COMMUNICATIONS WITH COMPETITORS
4.1 Notices to competitors will be posted on the official notice board located online at (http://lcyc.info/racing/documents).
4.2 Before and throughout the race, as needed, communication between the race committee and competitors will be via VHF Ch 72.

5 SIGNALS MADE ASHORE
5.1 Signals made ashore will be made from RC boat located on the main dock.
5.2 If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after flag AP is lowered.

6 SCHEDULE OF RACES
6.1 Race date: September 9, 2023
6.2 There will not be a skippers' meeting ashore. On race day prior to first start boats shall check in with race committee noting they are registered and intend to compete in the race.
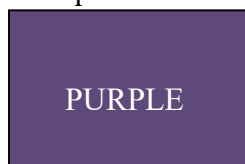**6.3** Race committee will use VHF 72 to communicate with the fleet, first broadcast at 0900, others may follow.
6.4 The orange start-line flag will be displayed once the committee boat is on station and the line is set.
6.5 The first warning will be at 1030.

7 CLASS FLAGS
7.1 Spinnaker

PURPLE

7.2 Jib and Main

<div style="background-color: yellow; width: 250px; height: 150px; text-align: center; line-height: 150px;">YELLOW</div>

8   COURSES
8.1 All Spinnaker boats will sail the LONG COURSE, 73.6 nm in length.

8.2 All Jib and Main boats will sail the SHORT COURSE, 48.2 nm in length.

8.3 EVEN YEAR LONG COURSE (73.6 NM)
- Start at the Lake Champlain Yacht Club between the RC boat and the adjacent mark
- Leave RN "2" off Shelburne Point to port
- Leave Diamond Island to starboard
- Leave RGN "LR" off La Roche Reef to starboard
- Leave RN "2" off Shelburne Point to starboard
- Finish at the Lake Champlain Yacht Club between the RC boat and the C mark

8.4 EVEN YEAR SHORT COURSE
- Start at the Lake Champlain Yacht Club between the RC boat and the adjacent mark
- Leave RN "2" off Shelburne Point to port
- Leave Diamond Island to starboard
- Leave Valcour Island to starboard
- Leave RN "2" off Shelburne Point to starboard
- Finish at the Lake Champlain Yacht Club between the RC boat and the C mark

8.5 ODD YEAR LONG COURSE (73.6 NM)
- Start at the Lake Champlain Yacht Club between the RC boat and the adjacent mark
- Leave RN "2" off Shelburne Point to port
- Leave RGN "LR" off La Roche Reef to port
- Leave Diamond Island to port
- Leave RN "2" off Shelburne Point to starboard
- Finish at the Lake Champlain Yacht Club between the RC boat and the C mark

8.6 ODD YEAR SHORT COURSE
- Start at the Lake Champlain Yacht Club between the RC boat and the adjacent mark
- Leave RN "2" off Shelburne Point to port
- Leave Valcour Island to port
- Leave Diamond Island to port
- Leave RN "2" off Shelburne Point to starboard
- Finish at the Lake Champlain Yacht Club between the RC boat and the adjacent mark

9.0 MARKS
9.1 Marks used in LCYC races are described in (http://lcyc.info/racing/documents).

10 THE START
10.1 Races will be started using RRS 26 with the following change: There will be a one-minute gap between each start signal and the following warning signal:
- Spinnaker division   warning 1030   start 1035
- Jib & Main division   warning 1036   start 1041

10.2 The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.

10.3 Following a long postponement the orange starting line flag will be displayed with 4-5 short blasts at least four (4) minutes before the AP is lowered.

10.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other boats.

10.5 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a request for redress. This changes RRS 62.1(a).

10.6 A boat that does not start within ten minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

11 THE FINISH

11.1 The finishing line is between a staff displaying an orange flag on a race committee boat and the course side of the adjacent mark. If the course is shortened this changes RRS 32.2.

11.2 Each boat should notify the Race Committee on VHF 72 or via cell phone upon entering Shelburne Bay on the return leg of the race. An acknowledgement may not be given.

11.3 Each boat should notify the Race Committee on VHF 72 upon nearing the finish area. The Race Committee will then shine spotlight between the orange flag of the Race Committee boat and the finish mark until the boat crosses the finish line. After the boat finishes, the Race Committee may illuminate the boat's sail number to confirm its identification.

11.4 If the race committee is absent when a boat finishes, she shall report at her first reasonable opportunity her finishing time in local universal time, in hours/min/sec, when the course side of the finishing mark is abeam of the boat's mast, leaving the mark on the proper side. Should the race committee not be available directly, reporting should be made via email to regatta@lcyc.info.

11.5 A boat that retires from the race shall notify the race committee at the first reasonable opportunity.

12 TIME LIMIT

12.1 To be scored, a boat must finish prior to 1300 hours, plus her PHRF time allowance against the highest rated boat in her class, on the second day of the race.

13 PENALTY SYSTEM

13.1 Appendix V, Alternative Penalties, V1 & V2 apply.

14 PROTESTS

14.1 RRS Appendix T – Arbitration applies to this event.

14.2 All forms required for filing a protest may be found on the LCYC website http://lcyc.info/racing/documents.

14.3 The formal protest shall be submitted on standard forms to the Regatta Chairman within twenty-four (24) hours of a boat's finish.

14.4 Forms may be submitted via email to regatta@lcyc.info .

15 SCORING

15.1 Boats will be scored on corrected time using the time-on-time method based on their Lake Champlain PHRF rating.

16 SAFETY REGULATIONS

16.1 A boat that retires from the race shall notify the race committee at the first reasonable opportunity.

16.2 Any time while racing and wind speeds exceed 20 knots all crew members are required to wear a personal flotation device while on deck.

16.3 Any time while racing and conditions merit all crew members are strongly advised to wear a personal flotation device while on deck. Conditions to be considered include but are not limited to crew position, MOB risk, the wearing of foul weather gear, water temperature, air temperature, sea state, wind speed and physical ability.

16.4 *From dusk to sunrise:* All crew on deck must wear a personal floatation device. It must be equipped with a whistle. Each crew must also have a waterproof flashlight or similar form of visual signal attached to either their life-saving device or their person.

16.5 No race will be started when sustained winds are in excess of 25 knots.

17 PRIZES

17.1 This race is part of the Billado / Cannon Series, comprised of eight races: Tea Kettle, Odziozo, Lady Skipper, Mid Lake, Ladies Cup, Schuyler Island, Macdonough, and Hot-Ruddered Bum.

17.2 The Billado (Spinnaker) and Cannon (Jib & Main) rotating trophies will be awarded to the boat with the lowest overall series score within their division.

17.3 The top three finishers in each class in this series will also be recognized.

17.4 Boats will be allowed 1 throw-out if more than 3 races are sailed, 2 throw-outs if all 8 races are sailed.

17.5 If a boat's skipper serves as race committee and the boat does not race, the boat's score for that race shall be the average of all its races in that series. This can result in two boats having the same score for that race.

17.6 For the series, DNC will be scored = the maximum number of boats that came to the start for any race in the series +1, per division, or per class.

18 RISK STATEMENT

18.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

19 INSURANCE

19.1 Each participating boat shall be insured with a valid third-party liability insurance with a minimum cover of $300,000 per incident or the equivalent.

20.0 GUEST MOORINGS

20.1 If you would like to come to LCYC before the race, we have a few guest moorings available by reservation. Please make advance arrangements with the club stewards for a mooring, tie-up space for your dinghy, or possible pickup at your anchorage by a club member. During club operating hours (1100 to 2100 weekdays, 0900 to 2100 weekends & holidays) the clubhouse phone number is 802-985-3372, stewards monitor Ch 12.

20.2 There are good anchorages in Sled Runner cove north of the club, or off Allen Hill to the south.