

PRACTICE EVENT FORMAT

Wednesday June 22, 2011 & June 29, 2011

Overview: There will be two segments to this event. The first will be a series of practice starts; the second will be a short-leg practice race.

Practice Starts:

Signal Flag: The RC will display signal flag 'Second Substitute'* prior to and during all practice start sequences.

Groups: Three starting groups: Etchells, JaM, & Spinnaker. The rolling starts will be in that order.

Time: 1810 – First warning signal

Starts: There will be three or four sequential practice starts, all in the normal five-minute countdowns, all in the three-group sequence.

Following a group's practice start those boats will sail to windward a short way then circle back off one side or the other to the pre-start side of the line, keeping well clear of the group then starting.

OCS: During this segment over-early signals will be given, but OCS boats should keep going and not re-start. The RC may attempt to notify early starters, but probably will not.

Practice Race:

Signal Flag: Upon signaling the final practice start the RC will promptly remove the signal flag 'Second Substitute'* to announce that the ensuing countdowns are for the Practice Race starts.

Course: Four windward/leeward legs of about 1/2 to 3/4 nm, finishing between the blue flag on the RC boat and the adjacent blue mark. If the course is shortened standard RRS & LCYC rules will apply. [Note: The applicable LCYC rule is that if the finish is to windward the finish line will be between an *orange* signal on the RC boat and the *adjacent mark*.]

OCS: Over-early boats must restart correctly. The RC may attempt to notify early starters, but probably will not.

* The 'Second Substitute' signal is an extended triangle shape – the wide half is blue, the pointed half is white.